

REGISTRATION FORM

SPACE IS LIMITED – PLEASE SUBMIT COMPLETED FORM & PAYMENT BEFORE
MARCH 1ST, 2018 TO SECURE YOUR SPOT

Name: _____
Date of Birth: _____ Current Grade: _____
Height: _____ Weight: _____
Address: _____
City: _____ Postal Code: _____
Last Team: _____
Level: _____
Position: _____
Parent's Name: _____
Phone (H): _____
Phone (W): _____
Email: _____
Health Card #: _____
Known food or medical allergies: _____

COST: \$200.00

- *Please make *check* out to Villanova College School
- *Registration begins at 3:30 pm on Monday, March 12th
- *Maximum of 8 QB's will be accepted

INFORMED CONSENT AGREEMENT:

I/We the UNDERSIGNED hereby acknowledge that RISKS OF INJURY are inherent to participation in sports and recreation activities. These types of injuries may be minor or serious and may result from one's actions, or the actions or inactions of others, or a combination of both. I/We understand that the RULES and REGULATIONS are designed for the safety and protection of the participants and hereby undertake to abide by these rules and regulations. I/We hereby WARRANT being physically fit to participate and understand the CHOICE to participate brings with it the ASSUMPTION OF THOSE RISKS AND RESULTS which are part of these activities. I/We agree that ST. THOMAS OF VILLANOVA COLLEGE shall not be liable for any injury to my child's person and loss or damage to my child's personal property arising from, or in any way resulting from, my child's participation in these activities. UNLESS such injury, loss or damage is caused by the SOLE NEGLIGENCE of the School or its employees are agents while acting within the scope of their duties. I/We declare having read and understood the above INFORMED CONSENT AGREEMENT in its entirety and hereby consent to participate acknowledging all the foregoing. Permission is also given for use of any photos taken of my child to appear in any promotional materials or advertisements produced by the School.

PARENT/GUARDIAN (PRINT NAME)

PARENT/GUARDIAN SIGNATURE

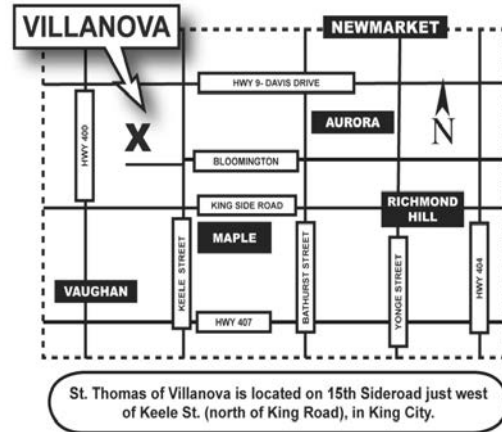
DATE

DIRECTIONS

From the west, take Hwy. 400 North to King Side Road. Travel east to Keele Street, turn left and go north one block to 15th Side Road. Turn left and follow 15th Sideroad to the campus entrance.

From the east, take the Hwy. 404 North to Bloomington Road. Exit and travel west to Keele Street. Once you cross Bathurst Street, Bloomington Road becomes 15th Side Road. Once you cross Keele Street look for the entrance to Villanova College on your right.

SCHOOL MAP



APPLICATION PROCEDURE

- Complete the registration form and return it to Villanova College as indicated below.
- Applications are processed on a first come first serve basis.

CANCELLATION POLICY

All cancellation requests must be received in writing prior to the start of camp and are subject to the following conditions:

- 25% Cancellation Fee on cancellation received more than 10 working days prior to the start of camp.
- 50% Cancellation Fee on cancellations received on or less than 10 working days prior to the start of the camp.
- **No Shows - No refund.**

DROP-OFF, PICK-UP AND OTHER IMPORTANT INFO:

Please note that traffic is **ONE WAY ONLY** in most locations. Drive safely and slowly at all times. Drop off and pick-up will take place at the **Athletic Center Entrance** located at the south west corner of the campus. Please check the accompanying map for directions to Villanova College.

**RETURN YOUR COMPLETED
REGISTRATION FORM AND PAYMENT TO:**

2018 MARCH BREAK FOOTBALL CAMP

c/o Marcello Lio
Villanova College
2480 15th Sideroad
King City, ON L7B 1A4

VILLANOVA COLLEGE

Presents the 7th annual

HIGH PERFORMANCE MARCH BREAK OL & QB TECHNICAL CAMP 2018

**FOR ATHLETES
11-16 YEARS OF AGE
MARCH 12TH – 15TH, 2018
4:00 PM. – 6:00 PM.**



"The March Break Camp was one of the best fundamental camps I have seen for the Line, REC and QB positions. The individual attention and fundamental training the players received will help them through their seasons and make the player an overall improved football player."

Dad & OVFL Coach



VILLANOVA COLLEGE

2480 15th Sideroad
King City, ON L7B 1A4

2018 HIGH PERFORMANCE FOOTBALL CAMP MISSION

To grant the best possible overall football and life skills instruction to aspiring young football players. The camp focuses on the development of overall positional football skills, conditioning and nutritional awareness, body and mind development, and leadership growth in a positive, safe and fun learning environment. Our professional coaches and conditioning staff are committed to providing a fun-filled environment while at the same time teaching and counseling young athletes, so they realize their maximum potential and develop self-confidence. Teamwork, confidence, football skills and sportsmanship are the qualities that each camp participant will acquire. We endeavor for this camp to be the most positive experience children will receive in their young athletic careers.

CAMP SCHEDULE

TIME	QB EVENTS	OL EVENTS
4:00 pm	INTRO/pep talk	INTRO/pep talk
4:10 pm	Warm - up	Warm - up
4:15 pm	Technical Development	Run Blocking Technical
4:50 pm	BREAK	BREAK
4:55 pm	Throwing Practice	Pass Blocking Technical
5:30 pm.	BREAK	BREAK
5:40 pm	Functional Training	Functional Training
6:05 pm	Cool down /Review	Cool down /Review
6:15 pm	Pick up	Pick up

CAMP REQUIREMENTS

- Participants must be between the ages of 11 – 16.
- Parent/guardian must sign the attached informed consent agreement.
- Each participant must be prepared with a **helmet (OL only)**, shorts, t-shirt, and **non-marking** athletic shoes.

FOR MORE INFORMATION, PLEASE CONTACT:

Camp Directors Marcello Lio - 905-833-1909
ext. 381, mlio@villanovacollege.ca or...
Samir Chahine at ext. 422,
schahine@villanovacollege.ca

COACHING STAFF



MARCELLO LIO

QB COACH AND CAMP DIRECTOR

Head Football Coach/QB Coach - Villanova College School
York University QB Coach
Team Canada Junior National Team QB Coach 2014
GTA "Rising Stars" All Star Head Coach/QB Coach 2014
Offensive Coordinator/QB Coach 2006 – Bergamo Lions
Professional Quarterback - Nurnberg Rams, Bolzano Giants,
Bergamo Lions (Europe)
Four year Quarterback at York University

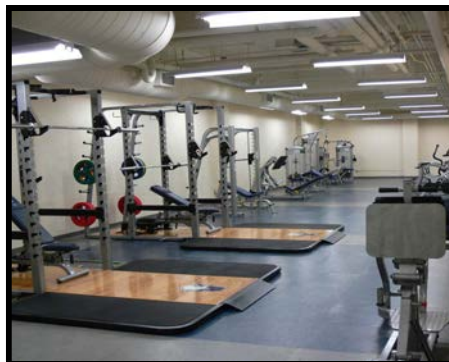


SAMIR CHAHINE

OL COACH AND CAMP DIRECTOR

JV Head Coach/OL Coach - Villanova College School
York University OL Coach
Team Canada Junior National Team OL Coach 2014
GTA "Rising & future Stars" All Star OL Coach 2014
OL Coach UofT Varsity Blues 2009
Head Coach/OC – Bergamo Lions 2008
CFL Player – 8 seasons
3 time All-Canadian Offensive Linemen at McGill University

STATE OF THE ART TRAINING FACILITY



TESTIMONIALS

"Not only does he continue to provide me with the skills needed to succeed on the field in my footwork, throwing technique, and reading defenses, Coach Lio also has provided me with great support and guidance in all aspects of life. He's an amazing coach, and a good friend. I thank Coach Lio the success I have had."

Jazz Lindsey – Villanova Alumni and Quarterback - University of Guelph (2011 – 2015)

"Coach Lio is one of my favorite Coaches. He is a classic example of how technical and tactical skills can be fun and made fun without compromising a competitive and Championship mentality. Coach is a proven leader, an excellent coach, a tremendous teacher and more importantly a great role model!"

Warren Craney

Head Football Coach, York University

"My son is sitting in the tub with some salts. He is using muscles he didn't even know he had. I believe it was the step, step open the foot and run that got him. He is really enjoying himself and is talking for hours about the drills. He was a little worried because the others were so much older, and he didn't really feel they wanted him there. Not at all how he felt today and tonight. He went on and on about the drills and has been thinking about how he is turning his feet. I believe you have just found a kid that will attend any camp your teaching at."

Robert Fortier

Dad

"I wanted to contact you to express my gratitude for such a well-run camp. Michael and Ty truly do live, eat and breathe football!!! They talked for hours about the superb coaches, the high skill level, and overall intensity that your camp offered."

Gina Topolinski

Mom